

TO ALL PERSONAL TRAINING CLIENTS:

A 24 HOUR NOTICE IS REQUIRED FOR ALL CANCELLATIONS, OTHERWISE IT WILL RESULT IN A LOSS OF THAT TRAINING SESSION.

IF 24 HOUR NOTICE IS GIVEN, THEN THE SESSION CAN BE RESCHEDULED (SESSIONS MUST BE MADE UP WITHIN THAT MONTH WHEN PURCHASED IN A MONTHLY PACKAGE)

THERE WILL ALSO BE AN EXPIRATION DATE ON PACKAGES PURCHASED BY THE NUMBER OF SESSIONS. (GOOD FOR 4 MONTHS) YOU MUST MAKE UP ANY CANCELLED VISIT, WHERE 24 HOURS WAS GIVEN, BEFORE THE SESSIONS EXPIRE.

LASTLY, ALL PAYMENTS ARE REQUIRED ON THE FIRST TRAINING SESSION OF THE MONTH.

THANK YOU FOR YOUR COOPERATION ON THE ABOVE.

**TRAININGZONE
CATHY AND MARK HALL**

PLEASE SIGN BELOW THAT YOU HAVE RECEIVED THIS AND AGREE TO THESE TERMS.
